

SCIENTIFIC PROGRAMME

4th IFSO MENAC Meeting 2026

3–5 December 2026

Manama, Bahrain

INTERNATIONAL FEDERATION FOR THE SURGERY OF OBESITY & METABOLIC DISORDERS — MENAC

Pre-Congress Workshops

3rd December · Thursday

■ Hall A ■ Hall B



Registration

8:00–9:00 AM

HALL A

WORKSHOP

Workshop

Endobariatrics - Hands On
Directors: Aayed AlQahtani, KSA | Mousa Khoursheed, Kuwait | Amir Shariff, Bahrain
9:00 AM–5:00 PM

Session 1 (Didactic) — Foundations and Primary Endobariatric Procedures 9:00–10:30 AM

9:00–9:15 AM	The endobariatric landscape and patient selection: indications, contraindications and integration with GLP-1 receptor agonists <i>Aayed AlQahtani, KSA</i>
9:15–9:25 AM	Endoscopic sleeve gastropasty (ESG): suture pattern, stitch architecture, plication sequence and procedural endpoints <i>Emad Aljahdali</i>
9:25–9:35 AM	ESG and GERD <i>Abdullwah Alshahrani</i>
9:35–9:45 AM	POSE and POSE 2.0: incisionless gastric plication with durable suture anchors and current evidence <i>Tariq Saleh</i>
9:45–9:55 AM	Intragastric balloons: device options, placement, fluid management and removal <i>Amir Shariff, Bahrain</i>
9:55–10:10 AM	MOVIVA — Gastric mucosal ablation: fundic ablation targeting ghrelin, as a standalone procedure or combined with ESG <i>Aayed AlQahtani, KSA</i>
10:10–10:30 AM	Panel discussion and questions

HALL B

WORKSHOP

Workshop

Revisional Surgery & Complications in MBS
Title: Surgical and medical interventions for recurrent weight gain and complications after Metabolic and Bariatric Surgery
Directors: Ashraf Haddad, Jordan | Osama Al Sanei, KSA | Amer AlDerazi, Bahrain
9:00 AM–5:00 PM

Session 1 9:00–10:30 AM

9:00–9:20 AM	Therapeutic Options for Recurrent Weight Gain: The IFSO position statement <i>Ashraf Haddad, Jordan</i>
9:20–9:40 AM	When to revise and to convert an operation <i>Ricardo Cohen, Brazil</i>
9:40–10:00 AM	Behavior or biology? The problem of suboptimal weight loss and Recurrent Weight Gain <i>Mousa Khoursheed, Kuwait</i>
10:00–10:20 AM	The role of OMMs in revisional MBS <i>Hazem Al Momani, UAE</i>
10:20–10:30 AM	Discussion



Morning Coffee Break

10:30–11:00 AM

HALL A

Session 2 (Didactic) — Revisional, Metabolic and Complications Procedures

11:00 AM–12:30 PM

- 11:00–11:15 AM ESG after LSG & LSG after ESG
Mousa Khoursheed, Kuwait
- 11:15–11:25 AM ESG in transplant patients
Ihab AbuFarhenah
- 11:25–11:40 AM Stoma and pouch reduction using OverStitch (TORe): managing weight regain after gastric bypass and revisional ESG
Maryam Alkhater
- 11:40 AM–12:00 PM Endoscopic management of bariatric surgery complications: leaks, bleeding, strictures, marginal ulcers and post-sleeve fistulas — a systematic approach
Amir Shariff, Bahrain
- 12:00–12:15 PM Patient pathways, sequencing and programme set-up: combining endoscopic procedures with surgery and pharmacotherapy; building the service
Aayed AlQahtani, KSA
- 12:15–12:30 PM Case-based discussion and questions

HALL B

Session 2

11:00 AM–12:30 PM

- 11:00–11:20 AM Revision of LSG for Recurrent Weight Gain
Jassim Fakhro, Qatar
- 11:20–11:40 AM Revision of LSG for GERD
Haider Alshurafa, KSA
- 11:40 AM–12:00 PM Is OAGB a good option for revision after LSG
Amer Al Derazi, Bahrain
- 12:00–12:20 PM RYGB is better as an option after LSG
Osamah Al Sanea, KSA
- 12:20–12:30 PM SADI-S Vs DS as revisional procedures after LSG
Ala Wafa, Libya



Lunch Break

12:30–1:30 PM

HALL A

Session 3 (Hands-On) — Primary Procedures Skills Lab

1:30–3:00 PM

- 1:30–1:40 PM Briefing and orientation — Station 1: Endoscopic tower and tools — set-up, scope handling and accessory selection
Chair and Co-chairs
- 1:40–2:00 PM Station 2 — ESG: constructing the full-thickness greater-curvature plication sequence on the ex-vivo stomach (run in two parallel positions)
All Faculty
- 2:00–2:20 PM Station 3 — POSE / POSE 2.0: incisionless plication with suture-anchor placement and cinching
All Faculty
- 2:20–2:35 PM Station 4 — Intragastic balloon: device handling, placement, fluid management and removal
All Faculty
- 2:35–2:50 PM Station 5 — MOVIVA: fundic marking and gastric mucosal ablation technique
All Faculty
- 2:50–3:00 PM Group debrief: common errors, tips and consolidation
Chair and Co-chairs

HALL B

Session 3: Revision of bypass procedures

1:30–3:00 PM

- 1:30–1:50 PM Revision of RYGB for Recurrent Weight Gain
Osamah Al Sanea, KSA
- 1:50–2:10 PM Revision of OAGB for Recurrent Weight Gain
Bader Alhadhrami, Oman
- 2:10–2:30 PM Bile reflux and OAGB Management options
Hayssam Fawal, Lebanon
- 2:30–2:50 PM Liver failure after intestinal bypass procedures
Abdelrahman Nimeri, UAE



Afternoon Coffee Break

3:00–3:30 PM

HALL A

Session 4 (Hands-On) — Revisional, Metabolic and Complications Lab

3:30–5:00 PM

3:30–3:40 PM	Station briefing and rotation plan
3:40–3:55 PM	Station 6 — Endoscopic magnet: self-assembling magnets and incisionless magnetic anastomosis — deployment and alignment <i>All Faculty</i>
3:55–4:10 PM	Station 7 — Fistula closure (ESG + others): suturing closure and adjunctive techniques on a fistula model <i>All Faculty</i>
4:10–4:25 PM	Station 8 — Stoma and pouch reduction using OverStitch: transoral outlet reduction (TORe) and revisional ESG technique <i>All Faculty</i>
4:25–4:40 PM	Station 9 — Endoscopic management of complications: haemostasis, stent placement, clipping and defect closure on a complications model <i>All Faculty</i>
4:40–4:50 PM	Final laboratory debrief and case challenge
4:50–5:00 PM	Wrap-up panel, skills assessment, feedback and certificates

HALL B

Session 4: Video and case presentations

3:30–5:00 PM

3:30–3:50 PM	Case 1 <i>Bassem Safadi, Qatar / Lebanon</i>
3:50–4:10 PM	Case 2 <i>Ashraf Haddad, Jordan</i>
4:10–4:30 PM	Case 3 <i>Osama Al Sanea, KSA</i>

Hall A Hall B



Registration

7:30–8:30 AM

HALL A

Session 1

8:30–10:00 AM

New Techniques and Innovations in MBS
Chair: Hayssam Fawal, Lebanon
Co Chair: Essam Batayah, KSA

8:30–8:42 AM	Robotic surgery <i>Mohammed Abouzeid, Egypt</i>
8:42–8:54 AM	The future of Endoscopic Techniques <i>Aayed AlQahtani, KSA</i>
8:54–9:06 AM	AI and precision medicine in MBS <i>Nimeri or batayah</i>
9:06–9:18 AM	Anti reflux techniques <i>Fadel Zaharani</i>
9:18–9:30 AM	MAGDI <i>Jassim Fakhro, Qatar</i>
9:30–9:42 AM	New stapling devices <i>Hazem Al Momani, UAE</i>
9:42–10:00 AM	Q/A & Discussion

HALL B

Session 1

8:30–10:00 AM

Free Papers / Abstracts / Video
Chair: Jassim Fakhro, Qatar
Co Chairs: Mohammed Abouzeid, Egypt

8:30–8:42 AM	TBC
8:42–8:54 AM	TBC
8:54–9:06 AM	TBC
9:06–9:18 AM	TBC
9:18–9:30 AM	TBC
9:30–9:42 AM	TBC
9:42–9:54 AM	TBC
9:54–10:00 AM	Q/A & Discussion



Morning Coffee Break

10:00–10:30 AM



Opening Ceremony (Hall A)

10:30–11:00 AM

HALL A

Session 2

10:30 AM–12:00 PM

Improving outcomes after MBS
Chair: Khaled Hamdan, UAE
Co Chair: Ala Wafa, Libya

10:30–10:45 AM	Suboptimal results after conversional RYGB - How to improve outcomes <i>TBD (Me or External Speaker)</i>
10:45–11:00 AM	Tranexamic acid and reduction of bleeding - Should it be a routine practice? <i>Jassim Fakhro, Qatar</i>
11:00–11:15 AM	Thromboembolism and portomesenteric thrombosis after MBS - A real risk with absent guidelines <i>Mohammed Abouzeid, Egypt</i>
11:15–11:30 AM	Routine EGD before MBS - 2025 IFSO position statement <i>Ashraf Haddad, Jordan</i>
11:30–11:45 AM	Role of MDT in improving outcomes <i>Mohammed Haddad, UAE</i>
11:45 AM–12:00 PM	Q/A & Discussion

HALL B

Session 2

10:30 AM–12:00 PM

Young IFSO MENAC
Chair: Mostafa Nagy, Egypt
Co Chair: Hamza Mounir, Bahrain

10:30–10:45 AM	The Making of a Successful Bariatric Surgeon: Keys to Growth, Excellence & Leadership <i>Khaled Gawdat, Egypt</i>
10:45–11:00 AM	Challenges Along the Bariatric Journey <i>Hamza Mounir, Bahrain</i>
11:00–11:15 AM	Enhanced Recovery after Metabolic Bariatric Surgery <i>Mohamed Rizwan/ Rana Umor Pakistan</i>
11:15–11:30 AM	Metabolic Bariatric Surgery for Chronic Diseases: Are We Operating Too Late? <i>Mohammed Al-Kuwari, Qatar</i>
11:30–11:45 AM	Measuring Bowel Length: Precision, Personalization or Unnecessary Risk? <i>Sultan Alhabdan/ Abdallah Almanuf KSA</i>
11:45 AM–12:00 PM	Safe Bariatric Surgery: From Patient Selection to Long-Term Follow-Up <i>Ala Wafa, Libya</i>



Prayer Break

12:00–12:40 PM



Industry Symposium Session (Hall A) & Lunch Break

12:40–1:40 PM

HALL A

Session 3

1:40–3:10 PM

Unanswered Questions and Controversies in MBS

Chair: Khaled Gawdat, Egypt

Co Chair: Tahir Yunus, Pakistan

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|--------------|--|
| 1:40–1:55 PM | Do ring augmented procedures give better weight loss and quality of life?
<i>Mohamed Hany Ashour, Egypt</i> |
| 1:55–2:10 PM | Will endoscopic and laparoscopic bipartition procedures be able to provide durable weight loss with manageable side effects?
<i>Tahir Yunus, Pakistan</i> |
| 2:10–2:25 PM | Can we close the OAGB controversy?
<i>Khaled Gawdat, Egypt</i> |
| 2:25–2:40 PM | The latest trend in multi-modal approach to obesity: sleeve with GLP 1 combination
<i>Hazem Al Momani, UAE</i> |
| 2:40–2:55 PM | What options are available for revision of a primary operation for addressing inadequate weight loss or recurrent weight gain
<i>Osamah Al Sanea, KSA</i> |
| 2:55–3:10 PM | Q/A & Discussion |

HALL B

Session 3

1:40–3:10 PM

Free Papers / Abstracts / Video

Chair: Ali Al-Muntashery, KSA

Co Chair: Bader Alhadhrami, Oman

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|--------------|----------------------|
| 1:40–1:52 PM | TBC |
| 1:52–2:04 PM | TBC |
| 2:04–2:16 PM | TBC |
| 2:16–2:28 PM | TBC |
| 2:28–2:40 PM | TBC |
| 2:40–2:52 PM | TBC |
| 2:52–3:04 PM | TBC |
| 3:04–3:10 PM | Prize for Best Video |



Afternoon Coffee Break

3:10–3:40 PM

HALL A

Session 4

3:40–5:10 PM

Decision-Making in Revisional/Conversional MBS (GOSS)

Chair: Mohammed Al-Kuwari, Qatar

Co Chair: Ali Khammas, UAE

3:40–3:50 PM	Revision Options After Failed LSG: One Size Does Not Fit All <i>Dr. Hind</i>
3:50–4:00 PM	Reflux after OAGB - prevention and management <i>Bader Alhadhrami, Oman</i>
4:00–4:10 PM	Recurrent weight gain after RYGB - causes and solutions <i>TBC</i>
4:10–4:20 PM	Reversal of malabsorptive surgery - when and how <i>Mohammed Al-Kuwari, Qatar</i>
4:20–4:30 PM	Recurrent Weight Gain after MBS - a holistic approach <i>TBC</i>
4:30–4:40 PM	Options for revisioning/ converting SADI <i>Dr. Alia AlDhubaib</i>
4:40–4:50 PM	Unexpected findings and technical challenges during sleeve revision <i>Khaled Hamdan, UAE</i>
4:50–5:00 PM	decision making during Bariatric emergencies <i>Dr Khalid Mirza</i>
5:00–5:10 PM	Q/A & Discussion

HALL B

Session 4

3:40–5:10 PM

MENAC top papers (?long term results)

Chair: Amer AlDerazi, Bahrain

Co Chair: Basim Alkhafaji, UAE | Hatem Jabbes, Tunisia

3:40–3:55 PM	TBC
3:55–4:10 PM	TBC
4:10–4:25 PM	TBC
4:25–4:40 PM	TBC
4:40–4:55 PM	TBC
4:55–5:10 PM	Prize for Best Paper

■ Hall A ■ Hall B



Registration

8:00–9:00 AM

HALL A

Session 1

9:00–10:30 AM

Complications and challenging cases in MBS

Chair: Safwan Taha, UAE

Co Chair: Mohammad Alhuniti, Jordan

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|----------------|--|
| 9:00–9:10 AM | The Current Status of Endoscopic Interventions in MBS Complications
<i>Aayed AlQahtani, KSA</i> |
| 9:10–9:20 AM | Surgical Management of Recurrent Weight Gain Following MBS
<i>Osama Taha, Egypt</i> |
| 9:20–9:30 AM | Metabolic Bariatric Sugery for BMI > 60
<i>Ashraf Haddad, Jordan</i> |
| 9:30–9:40 AM | Dumping Syndrome Following MBS; Pathogenesis, Prevention and Management
<i>Sara El Ghandour</i> |
| 9:40–10:10 AM | MBS Complications Reality TV (Videos)
<i>4 Videos (7 min each)</i> |
| 10:10–10:30 AM | Discussion |

HALL B

Session 1

9:00–10:30 AM

IH session

Chairs: Sara Suliman, UAE

Co Chair: Wiam Hussein, Bahrain

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|----------------|---|
| 9:00–9:12 AM | Obesity is a chronic disease: long term treatment matters
<i>Nasreen Al Faris</i> |
| 9:12–9:24 AM | Managing children and adolescents after metabolic bariatric surgery : goals and special considerations
<i>Aayed AlQahtani, KSA</i> |
| 9:24–9:36 AM | Benefits of OMMs beyond weight loss
<i>Sara Suliman, UAE</i> |
| 9:36–9:48 AM | Benefits of MBS beyond weight loss ?
<i>Amer Al Derazi, Bahrain</i> |
| 9:48–10:00 AM | What is the role of surgery in the era of effective OMMs
<i>Osamah Al Sanea, KSA</i> |
| 10:00–10:12 AM | Dietary interventions to optimise health with MBS and OMMs
<i>Areej Al Saad, Bahrain</i> |
| 10:12–10:30 AM | Q/a & Discussion |



Morning Coffee Break

10:30–11:00 AM



Session 2:

Presidential Session

Ali Khammas, UAE | Amer Al Derazi, Bahrain

11:00 AM–1:00 PM



Presidential address / Recognition awards

11:00 AM–12:00 PM



Keynote Lecture

12:00–1:00 PM



Industry Symposium Session (Hall A) & Lunch Break

1:00–2:00 PM

HALL A	
Session 3 2:00–3:30 PM Multimodal Therapy is the way to go Chair: Aayed AlQahtani, KSA Co Chair: Rodrique Chemaly, Lebanon	
2:00–2:05 PM	Chairs' Introduction: Is Monotherapy Dead? <i>Chair & Co-Chair</i>
2:05–2:15 PM	Is This the End of Monotherapy? <i>Nasreen Al Faris</i>
2:15–2:25 PM	GLP-1 Therapy: Neoadjuvant, Adjuvant, or Primary Treatment? <i>Osamah Al Sanea, KSA</i>
2:25–2:35 PM	First Move: Obesity Medical Management or Endobariatric Therapy? <i>Hazem Al Momani, UAE</i>
2:35–2:45 PM	When Should GLP-1 Therapy Be Added to Metabolic Bariatric Surgery? <i>Rodrique Chemaly, Lebanon</i>
2:45–2:55 PM	Has Pharmacotherapy Made Endoscopy Obsolete — or Indispensable? <i>Tariq Saleh</i>
2:55–3:05 PM	Multimodal or Just Maximal? The Cost of Doing Everything <i>Aayed AlQahtani, KSA</i>
3:05–3:30 PM	Panel and Audience Debate: From Monotherapy to Precision Sequencing <i>All speakers, chair & co-chair</i>

HALL B	
Session 3 2:00–3:30 PM Medico-legal and ethical issues in MBS Chair: Hazem Al Momani, UAE Co Chair: Dr. Tamer Abdelbaki, Egypt	
2:00–2:20 PM	MBS Toursim <i>Tamer Abdelbaki, Egypt</i>
2:20–2:40 PM	Ethics and Safety of Innovations in MBS <i>Ashraf Haddad, Jordan</i>
2:40–3:00 PM	Medico-legal issues in MBS <i>Hazem Al Momani, UAE</i>
3:00–3:30 PM	Case Scenarios: Medico-legal Scenarios (Panel Discussion) <i>Panel</i>

 Afternoon Coffee Break	3:30–4:00 PM
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HALL A	
Session 4 4:00–5:30 PM IH Session - suggested topics Chairs: Sara Suliman, UAE Co Chair: Ebaa Alozairi, Kuwait Noor Al Busaidi, Oman	
4:00–4:15 PM	Behavioural Health <i>Abdullah Al-Ozairi</i>
4:15–4:30 PM	Managing expectations regarding MBS <i>Noor Al Busaidi, Oman</i>
4:30–4:45 PM	Too much of a good thing (OMMs) <i>Ebaa Alozairi, Kuwait</i>
4:45–5:00 PM	Recurrent Weight Gain <i>Dalal</i>
5:00–5:15 PM	Post prandial hypoglycaemia <i>Aseel Al Saleh</i>
5:15–5:30 PM	Q/A

HALL B	
Session 4 4:00–5:30 PM Free papers/abstracts/videos Chair: Osama Taha, Egypt Co Chair: Ghulam Siddiq, Pakistan	
4:00–4:15 PM	TBC
4:15–4:30 PM	TBC
4:30–4:45 PM	TBC
4:45–5:00 PM	TBC
5:00–5:15 PM	TBC
5:15–5:30 PM	TBC